

Children's Behavioral Health Initiative

Does Your Child Need...

- Modeling and Support in appropriate behaviors?
- Increased communication, time management, leisure, or job-seeking skills?
- Assistance with conflict resolution and problem solving?
- Help accessing community resources?

Therapeutic Mentoring

Therapeutic Mentoring (TM) is a comprehensive approach that provides consistent, structured, and one on one support to youth with a broad array of emotional and developmental conditions. TM services are provided to youth (ages 3-20), who have/need a therapist, and who could benefit from increasing communication skills, social skills, and addressing day to day challenges.

TM is a service designed specifically for your child

- TM provides opportunities for your child to learn new strategies and build positive experiences in their community
- TM provides support and coaching in following instructions, listening, asking for help, etc.
- TM models and encourages practice of skills, and celebrates progress with your child
- TM creates a positive relationship with your child while helping them reach their goals

CURRENTLY ACCEPTING MASSHEALTH

For More Information

phone: 617-571- 1914

email: CBHI@italianhome.org http://www.italianhome.org



Where and When is TM provided?

*In the home and community - the location that fits your child's needs

*As an intensive service, sessions occur at least once per week

*Children are asked to designate at least 2-3 hours per week for their TM

*TM provides 24/7 phone support

Who Receives TM Services?

*Children with a social/emotional diagnosis or Autism Spectrum Disorder

*Families who voluntarily consent to services

*Youth who reside in a family home environment

Who Pays for TM?

TM is paid for by MassHealth with the following insurances:

Boston: MBHP, Beacon Fallon, NHP, BMC, Tufts Network Health Metro: MBHP, Beacon Fallon, NHP, BMC, Tufts Network Health

Southeast: MBHP

Italian Home for Children

Italian Home for Children provides an integrated network of powerful and effective programs to help children and families with emotional, behavioral, and educational challenges thrive in their communities.