



Italian Home  
for Children

# Partial Hospitalization Program

## Sample Schedule

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Theme of the day</b>	<i>Mindfulness</i>	<i>Stress &amp; Anxiety</i>	<i>Conflict Resolution &amp; Relationships</i>	<i>Anger Management</i>	<i>Self-esteem</i>
<b>9:00-9:30</b>	Check-in/ Breakfast	Check-in/ Breakfast	Check-in/ Breakfast	Check-in/ Breakfast	Check-in/ Breakfast
<b>9:30-10:15</b>	Social Skills Group	Social Skills Group	Social Skills Group	Social Skills Group	Social Skills Group
<b>10:20-11:05</b>	Group Therapy	Group Therapy	Group Therapy	Group Therapy	Group Therapy
<b>11:10-11:55</b>	Movement	Movement	Movement	Movement	Movement
<b>12:00-12:30</b>	Lunch	Lunch	Lunch	Lunch	Lunch
<b>12:30-1:30</b>	Tutoring & Education	Tutoring & Education	Tutoring & Education	Tutoring & Education	Tutoring & Education
<b>1:30-2:30</b>	Creative Expression Group	Creative Expression Group	Creative Expression Group	Creative Expression Group	Creative Expression Group
<b>2:30-3:00</b>	Check out	Check out	Check out	Check out	Check out