## Children's Behavioral Health Initiative

## Does Your Child Need...

- Help with problem solving?
- Help with positive interactions within the family?
- To build effective communication skills?
- Assistance with safety planning?


## In-Home Therapy

In-Home Therapy (IHT) is a comprehensive approach that provides consistent, structured, and strength-based support to children with a broad array of emotional and developmental conditions. IHT services are provided to children (ages 3-20) and their families. The IHT team assists the family in increasing their ability to provide effective support for their child to promote healthy functioning within the family.

## The child is the client, but the entire family is involved in services

- IHT works with your family to improve your child's social capacity
- IHT works to build skills, improve interactions, identify community resources, and develop/maintain natural supports
- IHT does individual sessions with siblings, family, and extended family as needed
- IHT assists families in overcoming sibling rivalry, parental divorce, and family changes


## CURRENTLY ACCEPTING MASSHEALTH

For More Information
phone: 617-571-1914
email: CBHI@italianhome.org http://www.italianhome.org


## Where and When is IHT provided?

*In the home and community - where the client is having difficulty *As an intensive service, sessions occur multiple times per week *Most families are asked to designate $4^{-6}$ hours per week for IHT *IHT provides $24 / 7$ phone support

## Who Receives IHT Services?

*Children with a social/emotional diagnosis or who need a diagnosis
*Families who voluntarily consent to services
*Youth who reside in a family home environment

## Who Pays for IHT?

IHT is paid for by MassHealth with the following insurances : Boston: MBHP, Beacon Fallon, NHP, BMC, Tufts Network Health Metro: MBHP, Beacon Fallon, NHP, BMC, Tufts Network Health Southeast: MBHP

## Italian Home for Children

Italian Home for Children provides an integrated network of powerful and effective programs to help children and families with emotional, behavioral, and educational challenges thrive in their communities.

