



HELP IS WAITING AT ITALIAN HOME

Community-Based Acute Treatment Program (CBAT) at Jamaica Plain Campus

Our Community-Based Acute Treatment program (CBAT) provides stabilization and comprehensive assessment services. Each child participates in an intensive short-term program of individual, family, group, and milieu therapy as well as daily educational tutoring. Imbedded in the CBAT are Transitional Care Unit (TCU) beds for children who no longer meet CBAT level of care but whose disposition plan is not yet finalized.

What Can I Expect?

- Visiting hours are 8am - 8pm daily. Please schedule your visit with the clinician beforehand.
- Phone calls do not need to be scheduled in advance.
- For optimal treatment results, it is recommended that families/guardians visit at least 1-2 times per week and on the weekends
- Clinicians will contact the guardian within 24 hours of intake, and will be in frequent contact over the course of the child's stay.
- Children in CBAT can expect individual therapy 4 times per week, group therapy 5 times per week, and family therapy once per week.
- A medication evaluation will be conducted within 48 hours of intake, but no changes will be made without the guardian's permission.
- Children will continue with the curriculum from their own school, which IHC will obtain after intake.
- Italian Home strives to emulate a school day, including in-class time and electives like gym, art, and computer lab.
- All food is prepared peanut-free in a restaurant quality kitchen, and Italian Home can accommodate gluten-free, religious-based, and vegetarian diets, as well as food allergies.



WHAT SHOULD I EXPECT?



What do I need to pack for my child?

- 3-5 days worth of clothing, including season appropriate gear (winter jackets, snow boots, swimsuit, etc.) labeled with your child's initials
- All medications in the original bottles
- 1-2 personal items, labeled with child's initials, that help calm your child such as journal, art supplies, stress balls, etc.

What is provided at Italian Home?

- Toiletries, including toothbrush, toothpaste, soap, shampoo and deodorant
- All meals including snacks

What activities are available for children to do?

- Swimming in our in-ground pool
- Gym
- Outdoor playground
- Soccer and baseball fields
- Gardening
- Computer lab
- Sensory room

Please inform us of any allergies and meal restrictions.

Our CBAT is peanut free!

Please do not bring: glass items, metal cans, mirrors, toy weapons, razors, scissors, nail clippers, metal nail files, wire notebooks, paper clips, staples, cigarettes, e-cigarettes, lighters, matches, balloons or other latex items, cash, valuables/jewelry, electronics, art supplies